



# **PROGRAM GUIDE**

**211 East Six Forks Road, Suite 103**

**Raleigh, NC 27609**

**(919) 832-5138**

We breathe words into your life. Since 1983!!

## **Explanation of Symbols Used**

Triangle Radio Reading Service brings you current news and information 24/7. Wall Street Journal is aired by “Massachusetts Talking Information Center”.

Programs received from other services are indicated with an asterisk (\*). Programs that are rebroadcast are indicated with **(R)**.

### **CONNECTIONS**

*Connections* airs the following monthly schedule on Tuesdays at 2:00 pm

- 1<sup>ST</sup> Tuesday – Tech Tips
- 2<sup>nd</sup> Tuesday – Triangle YesterYear
- 3<sup>rd</sup> Tuesday – Education Today
- 4<sup>th</sup> Tuesday – Legal Matters
- 5<sup>th</sup> Tuesday – TBA

### **EXPLORE**

*Explore* airs the following monthly schedule on Tuesdays at 2:30 pm

- 1<sup>st</sup> Tuesday – Read to Succeed
- 2<sup>nd</sup> Tuesday – Discover Magazine
- 3<sup>rd</sup> Tuesday – Connect to Success
- 4<sup>th</sup> Tuesday – All about Pets
- 5<sup>th</sup> Tuesday – TBA

### **SPECIAL EDITION**

*Special Edition* airs the following monthly schedule on Tuesdays at 4:00 pm

- 1<sup>st</sup> Tuesday – Poetry
- 2<sup>nd</sup> Tuesday – Community Connections
- 3<sup>rd</sup> Tuesday – Walter Magazine
- 4<sup>th</sup> Tuesday – That’s a Laugh!
- 5<sup>th</sup> Tuesday – TBA

## **INDEPENDENT LIVING**

*Independent Living* airs the following monthly schedule on Tuesdays at 8:30 pm

- 1<sup>st</sup> Tuesday- Science Fiction
- 2<sup>nd</sup> Tuesday-Movie/Theatre Reviews
- 3<sup>rd</sup> Tuesday- Heard Any Good Books Lately?
- 4<sup>th</sup> Tuesday- NC Museum History
- 5<sup>th</sup> Tuesday- TBA

## **RESOURCE AND RECREATION**

*RNR* airs the following monthly schedule on Wednesday at 1:30 pm

- 1<sup>st</sup> Wednesday – Flavor
- 2<sup>nd</sup> Wednesday – Salute A Veteran Every-SAVE
- 3<sup>rd</sup> Wednesday – Reminisce Magazine
- 4<sup>th</sup> Wednesday – Lion Magazine
- 5<sup>th</sup> Wednesday – TBA

## **POTPOURRI**

*Potpourri* airs the following monthly schedule Wednesdays at 4:00 pm

- 1<sup>st</sup> Wednesday – Nutrition News
- 2<sup>nd</sup> Wednesday – Restaurant Reviews
- 3<sup>rd</sup> Wednesday – Thought for Food
- 4<sup>th</sup> Wednesday – Movie/Theatre Reviews
- 5<sup>th</sup> Wednesday – TBA

Some programs may be rescheduled or replaced according to availability.

## Monday

12:00 <b>Bookshelf Lite (R)</b>
1:00 <b>Reflections from the Past (R) /Independent Living(R)</b>
2:00 <b>Special Edition/Audio Description Program (R)</b>
3:00 <b>Oprah (R)</b>
4:00 <b>Triangle Business Journal (R)</b>
5:00 <b>Classics (R)</b>
6:00 <b>TIME Magazine (R)</b>
7:00 <b>Out in the Garden (R)</b>
7:30 <b>Smithsonian (R)</b>
8:00 <b>Wall Street Journal *</b>
9:00 <b>Get Fit *</b>
9:30 <b>News &amp; Observer: State &amp; Local News, Sun Journal, from Daily Reflector and Star News</b>
11:30 <b>Drug &amp; Department Store Ads</b>
Noon <b>Sports, Sunday N&amp;O's "Parade", Arts &amp; Living Sections, Wake Weekly, Washington Daily, Kinston Free Press and Carteret News.</b>
1:30 PM <b>Armchair Traveler (R)</b>
2:00 <b>Independent (R)</b>
3:00 <b>New Yorker (R)</b>
4:00 <b>Ladies Magazine</b>
4:30 <b>Mystery Stories</b>
5:00 <b>News &amp; Observer (R)</b>
7:00 <b>USA Today</b>
8:30 <b>Drug &amp; Department Store Ads (R)</b>
9:00 <b>Reflections from the Past (R)</b>
9:30 <b>Resource and Recreation (R)</b>
10:00 <b>Ebony/Religion in the News (R)</b>
11:00 <b>Vanity Fair II</b>

## Tuesday

12:00 <b>Triangle Business Journal (R)</b>
1:00 <b>New Yorker (R)</b>
2:00 <b>Reflections from the Past (R)</b>
2:30 <b>Resource and Recreation (R)</b>
3:00 <b>Ebony (R)/ Religion in the News (R)</b>
4:00 <b>Ladies Magazine (R)</b>
4:30 <b>Mystery Stories (R)</b>
5:00 <b>Bookshelf Lite (R)</b>
6:00 <b>Take My Arm (R)</b>
7:00 <b>Drug &amp; Department Store Ads (R)</b>
7:30 <b>Sports Illustrated for Kids (R)</b>
8:00 <b>Wall Street Journal *</b>
9:00 <b>Get Fit *</b>
9:30 <b>News &amp; Observer: State &amp; Local News, Sun Journal, from Daily Reflector and Star News</b>
11:30 <b>Our State Magazine</b>
Noon <b>Sports, "Dining out" section of today's News &amp; Observer, Chatham County News, The Courier-Times, Durham Herald, Washington Daily, Kinston Free Press, and Jacksonville Daily</b>
1:30 <b>Money Matters (R)</b>
2:00 <b>Connections/Explore</b>
3:00 <b>Reader's Digest</b>
4:00 <b>Special Edition/Audio Description Program</b>
5:00 <b>News &amp; Observer (R)</b>
7:00 <b>USA Today</b>
8:30 <b>Independent Living</b>
9:00 <b>Sports in North Carolina</b>
9:30 <b>Vision News</b>
10:00 <b>Bookshelf Lite (R)</b>
11:00 <b>Vanity Fair II (R)</b>

## Wednesday

12:00 <b>Armchair Traveler (R)</b>
12:30 <b>Vision News (R)</b>
1:00 <b>Literary Hour (R)</b>
2:00 <b>Independent (R)</b>
3:00 <b>Oprah (R)</b>
4:00 <b>Sports in NC (R)</b>
4:30 <b>Money Matters (R)</b>
5:00 <b>Classics (R)</b>
6:00 <b>Take My Arm (R)</b>
7:00 <b>Connections (R)</b>
7:30 <b>Drug &amp; Department Store Ads (R)</b>
8:00 <b>Wall Street Journal *</b>
9:00 <b>Get Fit *</b>
9:30 <b>News &amp; Observer: State &amp; Local News, Sun Journal, Daily Reflector and Star News</b>
11:30 <b>Grocery Ads</b>
Noon: <b>Sports, "Dining out" section of the News &amp; Observer, Carolinian, Carolina Times, Chapel Hill News, Washington Daily, Kinston Free Press, Jacksonville.</b>
1:30 <b>Resource and Recreation</b>
2:00 <b>Children Story Hour</b>
3:00 <b>Modern Maturity</b>
3:30 <b>Smithsonian Magazine</b>
4:00 <b>Potpourri/Out in the Garden</b>
5:00 <b>News &amp; Observer (R)</b>
7:00 <b>USA Today</b>
8:30 <b>Grocery Ads (R)</b>
9:00 <b>TIME Magazine</b>
10:00 <b>Classics (R)</b>
11:00 <b>Independent Living (R)/Vision News (R)</b>

## Thursday

12:00 <b>Take My Arm (R)</b>
1:00 <b>Potpourri (R)/Out in the Garden (R)</b>
2:00 <b>TIME Magazine (R)</b>
3:00 <b>Modern Maturity (R)</b>
3:30 <b>Smithsonian Magazine (R)</b>
4:00 <b>Ebony (R)/Religion in the News (R)</b>
5:00 <b>Reader's Digest (R)</b>
6:00 <b>Special Edition/Audio Description Program (R)</b>
7:00 <b>Connections (R)</b>
7:30 <b>Sports in North Carolina (R)</b>
8:00 <b>Wall Street Journal *</b>
9:00 <b>Get Fit *</b>
9:30 <b>News &amp; Observer: State &amp; Local News, Sun Journal, Daily Reflector and Star News</b>
11:30 <b>Health Issues</b>
Noon <b>Sports, "Dining out" section of the News &amp; Observer, Cary News, Smithfield Herald, Washington Daily, Kinston Free Press, Jacksonville Daily.</b>
1:30 <b>Mystery Stories (R)</b>
2:00 <b>Literary Hour</b>
3:00 <b>The Week Magazine</b>
4:00 <b>Bookshelf</b>
5:00 <b>News &amp; Observer (R)</b>
7:00 <b>USA Today</b>
8:30 <b>Health Issues (R)</b>
9:00 <b>Did You Know</b>
10:00 <b>Sports Illustrated for Kids</b>
10:30 <b>Teen Magazines</b>
11:00 <b>Our State Magazine (R)</b>
11:30 <b>Modern Maturity (R)</b>

## Friday

12:00 <b>Literary Hour (R)</b>
1:00 <b>Did You Know (R)</b>
2:00 <b>The Week Magazine (R)</b>
3:00 <b>Potpourri (R)/Out in the Garden (R)</b>
4:00 <b>Bookshelf (R)</b>
5:00 <b>Reader's Digest (R)</b>
6:00 <b>Health Issues (R)</b>
6:30 <b>Explore (R)</b>
7:00 <b>Connections (R)</b>
7:30 <b>Grocery Ads (R)</b>
8:00 <b>Wall Street Journal *</b>
9:00 <b>Get Fit *</b>
9:30 <b>News &amp; Observer: State &amp; Local News, Sun Journal, Daily Reflector and Star News.</b>
11:30 <b>Triangle Bulletin Board</b>
Noon <b>Sports, "Weekend" section of the News &amp; Observer, Franklin Times, Chapel Hill News, Washington Daily, Kinston Free Press and Jacksonville Daily.</b>
1:30 PM <b>Music Review</b>
2:00 <b>New Yorker</b>
3:00 <b>Oprah Magazine</b>
4:00 <b>Independent</b>
5:00 <b>News &amp; Observer (R)</b>
7:00 <b>USA Today</b>
8:30 <b>Triangle Bulletin Board (R)</b>
9:00 <b>Money Matters</b>
9:30 <b>Modern Maturity (R)</b>
10:00 <b>Sports Illustrated for Kids (R)</b>



<b>10:30 Teen Magazines (R)</b>
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<b>11:00 Independent (R)</b>
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**Saturday**

<b>12:00 Triangle Bulletin Board (R)</b>
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<b>12:30 Music Review (R)</b>
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<b>1:00 Triangle Business Journal</b>
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<b>2:00 New Yorker (R)</b>
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<b>3:00 Independent (R)</b>
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<b>4:00 Ebony (R)/Religion in the News (R)</b>
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<b>5:00 Did You Know? (R)</b>
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<b>6:00 Bookshelf (R)</b>
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<b>7:00 Vision News (R)</b>
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<b>7:30 Explore (R)</b>
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<b>8:00 Children's Story Hour (R)</b>
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<b>9:00 Get Fit *</b>
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<b>9:30 News &amp; Observer: State and Local News</b>
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<b>11:00 Ladies' Magazines (R)</b>
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<b>11:30 Music Review (R)</b>
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<b>Noon: Que Pasa</b>
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<b>1:00 PM Triangle Business Journal (R)</b>
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<b>2:00 Bookshelf Lite</b>
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<b>3:00 Potpourri (R)</b>
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<b>3:30 Out in the Garden (R)</b>
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<b>4:00 The Week Magazine (R)</b>
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<b>5:00 Special Edition/Audio Description Program (R)</b>
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<b>6:00 Classics</b>
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<b>7:00 Oprah Magazine (R)</b>
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<b>8:00 Literary Hour (R)</b>
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<b>9:00 Qué Pasa (R)</b>
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<b>10:00 New Yorker (R)</b>
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<b>11:00 Vanity Fair I</b>
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## Sunday

12:00 <b>Triangle Bulletin Board (R)/Music Review (R)</b>
1:00 <b>Our State Magazine (R)/Potpourri (R)</b>
2:00 <b>Oprah (R)</b>
3:00 <b>Classics (R)</b>
4:00 <b>TIME Magazine (R)</b>
5:00 <b>Bookshelf Lite (R)</b>
6:00 <b>Teen Magazine (R)</b>
6:30 <b>Sports Illustrated for Kids (R)</b>
7:00 <b>Vision News(R)/Explore (R)</b>
8:00 <b>Children's Story Hour (R)</b>
9:00 <b>Get Fit *</b>
9:30 <b>Religion in the News</b>
10:00 <b>Take My Arm</b>
11:00 <b>Ebony (R)/ Triangle Bulletin Board (R)</b>
Noon: <b>Reader's Digest (R)</b>
1:00 <b>Reflections from the Past</b>
1:30 <b>Resource and Recreation (R)</b>
2:00 <b>News &amp; Observer: State and Local News</b>
4:00 <b>Bookshelf (R)</b>
5:00 <b>Religion in the News (R)</b>
5:30 <b>Our State Magazine (R)</b>
6:00 <b>Armchair Traveler</b>
6:30 <b>Smithsonian Magazine (R)</b>
7:00 <b>Triangle Business Journal (R)</b>
8:00 <b>Did You Know (R)</b>
9:00 <b>The Week Magazine (R)</b>
10:00 <b>Ladies' Magazine/Mystery Stories (R)</b>
11:00 <b>Vanity Fair I (R)</b>

# HELP TRRS TO GROW WITH CONTRIBUTIONS!

Your Name \_\_\_\_\_

Your Address \_\_\_\_\_  
\_\_\_\_\_

Amount of Contribution \$ \_\_\_\_\_

If you would like to make a contribution in memory or in honor of, a friend or relative, please let us know. Please provide us with an address and we will gladly send an acknowledgment of your thoughtfulness.

In Memory of \_\_\_\_\_

In Honor of \_\_\_\_\_

**Send Acknowledgment to:**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

**Please make checks payable to:**

**Triangle Radio Reading Service  
211 East Six Forks Road, Suite 103  
Raleigh, NC 27609**

**For more information please contact us at [info@trrsnc.org](mailto:info@trrsnc.org)  
*Thank you for your support!***